

"IF I HAD MY WAY, I'D REMOVE JANUARY FROM THE CALENDAR
ALTOGETHER AND HAVE AN EXTRA JULY INSTEAD." —ROALD DAHL

JULY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
KEEP AN EYE ON YOUR EMAIL INBOXES FOR DAILY UPDATES, CALENDAR CHANGES, MENUS, AND MORE!			1  SIT AND BE FIT @ 11:00 AM	2HANDCRAFTED JEWELERY SALE @ 10AM	3SIT AND BE FIT @ 11:00 AM MOVIE NIGHT@ 6:30 HEAVEN IS FOR REAL	4
5	6 SIT AND BE FIT @ 11:00 AM	7 	8HAIR SALON OPEN SIT AND BE FIT @ 11:00 AM PASTRIES & POSSIBILITES @ 9:30AM	9DR. ISAH AT LIGHTHOUSE	10SIT AND BE FIT @ 11:00 AM MOVIE NIGHT@ 6:30 I CAN ONLY IMAGINE	11
12	13 SIT AND BE FIT @ 11:00 AM	14RESIDENT AND FAMILY MEETING @ 10:00 AM BIBLE STUDY @ 2:00 PM	15SIT AND BE FIT @ 11:00 AM	16	17PANCAKE BREAKFAST 9:30-11:30 SIT AND BE FIT @ 11:00 AM MOVIE NIGHT@ 6:30 OVERCOMER	18OPEN HOUSE @ 10Am
19	20 SIT AND BE FIT @ 11:00 AM	21MEDICAL SUPPLIES SESSION @ 10AM	22SIT AND BE FIT @ 11:00 AM	23DR. ISAH AT LIGHTHOUSE MOBILE OPTOMETRY SERVICE @ 10AM	24SIT AND BE FIT @ 11:00 AM MOVIE NIGHT@ 6:30 ORDINARY ANGELS	25
26	27 SIT AND BE FIT @ 11:00 AM	28BIBLE STUDY @ 2:00 PM	29SIT AND BE FIT @ 11:00 AM	30	31SIT AND BE FIT @ 11:00 AM MOVIE NIGHT@ 6:30 THE SECRETS OF JONATHAN SPERRY	