



Residents benefit from the generosity of faithful donors

Race for Success

This year's **Race for the Ages** Car Rally held on Saturday, May 28, was a huge success! With well over 400 participants including drivers, navigators, back seat drivers, volunteers and sponsors, \$54,000 was raised to support residents at Emmanuel Home.

Teams of four drove throughout the city of Edmonton looking for clues and route markers, and participating in FUN challenges. Funds raised through this popular full-day event help to continue ongoing Emmanuel Home Health Care services that are made available to all residents which are not funded by Alberta Health Services.

Services include:

- Emergency/Crisis Support
- Blood Pressure Clinics
- Basic Wound Care
- Professional services (i.e. Podiatrist, Pharmacy, Dental Hygienist, Telecare)



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Upcoming Event:

Emmanuel Home's Christmas Bazaar
Saturday, November 26, Trinity CRC
More info inside

Message from the Executive Director



At a seniors' housing convention earlier this year, a panel of residents from various operations was asked what they looked for when choosing a new home. The overwhelming consensus was that the residents wanted to be in a place where 'they felt safe, and that people care.'

Emmanuel Home's core principles are 'Integrity, Caring & Excellence'. We believe that everyone involved, including residents, staff, families, and Society members, have a role to play in contributing to a culture that cares. As we seek to serve the Lord as we serve each other, we continually look to Him for His guidance.

Throughout this year we have seen tremendous support from our community, and I want to thank you for your role in that. Whether it is through significant events and fundraisers, a genuine interest in and commitment to visiting our residents, or in the prayers of support in your homes and churches, please know that we see the fruits of your support each and every day! Sincerely,

Darren Sinke

Meet Evert Vroon, Board Member

Evert began life in the Netherlands. At age seven his parents moved to southern Alberta near Taber, and eventually settled in Calgary. He learned his first vocation as baker in his father's French Pastry Shop. This helped pay his way through Calvin College as he worked in various bakeries. There he met his future wife, Linda.

After his BA from Calvin he became an underwriter for a life insurance company in Toronto. He felt God's call to teach, so he went to Abbotsford, BC to teach and returned to school to get his BEd Degree. He taught for 13 years, worked on a MA in administration and then served as principal for 17 years.

Evert has served on a variety of boards. God has taught him that it is an integral part of a Christian's life to serve others' needs. He is happy to be part of Emmanuel Home's Board of Directors!



Meet Grace Dykstra, Resident

Grace Dykstra has been a resident of Emmanuel Home for the past eight years. There is something beautiful and so real about Grace's story of coming to Emmanuel Home. She was not at all excited about moving, however, she was encouraged by her children, that this would be a good move.



Although it took some time to adjust, Grace jumped into life at Emmanuel Home with both feet. She loves assisting in many aspects of life around the home. She welcomes new residents by offering a visit. She assists with the Wednesday evening hymn singing, Even Song and occasionally helps to lead the Keep Fit exercise program. If you ask Grace now how she enjoys living at Emmanuel Home, she will say, "For the first eight months, I kept saying I wasn't going to call this home. Then I faced the reality that this *is* home. Now when I go away, I can hardly wait to get home. Emmanuel Home is such a great place to be!" She often feels "spoiled" and is very quick to give back to this community of which she feels a part.

Olympics and other Recreational Activities

While the world was celebrating the Rio Olympics in August, Emmanuel Home residents and staff were also celebrating their Olympics; competing in a friendly competition.

With an opening and closing ceremony, including an Olympic flame, Team Maria and Team Aria competed in several events. Points were awarded for showing up as well as performance. It was great to see the sense of community between each team and all together as well.

September was Health and Wellness month with activities for both residents and staff to participate in, including Zumba Gold, stretching, walking and exercises to promote balance. Karaoke afternoon was introduced with some residents singing Dutch songs, others singing hymns. Staff encouraged residents by dressing up in costumes and putting on a great show! Now that residents know what "Karaoke" is, there will be more opportunities in the future. Craft Corner was also introduced last month, helping residents to make silk bouquets in tea cups.



Residents continue to enjoy outings in the Emmanuel Home bus. Several times this year, residents visited Lady Flower Garden, near Riverbend Gardens, where individuals experiencing poverty and addictions can pick and process their own vegetables. Residents helped with weeding and picking. This project set up by Doug Visser and Kelly Mills is helping individuals stay clean and sober. We are very happy to help this organization to promote healthy living choices to people who have living challenges.

A recent trip to Neerlandia was definitely a highlight! Residents toured the new Co-Op store, and had lunch at the new restaurant attached. It made for a long trip, but the residents were quite excited about the day!



For more information on activities experienced by residents, go to our Facebook page: <https://www.facebook.com/emmanuelhomealberta>. Pic-



Christmas Bazaar

Saturday, November 26, 2016

9:30 a.m.- 2:00 p.m.

at

Trinity Christian Reformed Church
13427 57 Street, Edmonton

Art, Crafts, Baking, Silent Auction, Good Food
All Proceeds to Residents' Recreation Program

Staffing Appointments

We are pleased to announce the appointment of new staff members to Emmanuel Home:

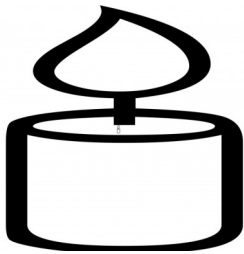
Coby Benoit, Director of Development

Sonya Zuchotski, Resident and Community

Relations Officer (formerly Health Services)

The following individuals were remembered with Memorial Gifts to support the residents of Emmanuel Home

Stella Koster
Elizabeth VanGinhoven
Lucy Messelink
Jan deGroot
Ida Goutbeck
Anna Abma
Ken Boer
Tena Velthuizen



Leave a Legacy Gift in Your Will

Making a will, no matter what your age or estate value, is both a caring and sensible thing to do. A will allows you to distribute your money and property exactly as you wish, securing your family's financial future while acknowledging individuals and organizations that you care most about.

Your estate will be divided in two of three places; family, taxes or a charity of your choice. A portion of your estate will go to family as you designate and a portion will go to the state. The state portion goes through taxation or charitable giving. By making a planned gift to a charity in your will, the current laws will allow you to **eliminate up to 100% of the tax in your will.**

A gift to your charity of choice is often said to be the "ultimate gift". It is one of the most common ways that individuals choose to give to Emmanuel Home and can be either unrestricted, giving Emmanuel Home the flexibility for how it is used, or restricted, where you direct the purpose of the funds and the program you wish it to be used for.

The tax benefits for your estate will be for the full value of the bequest.

Wills can be complex and should be drafted with the help of a lawyer. In addition, a lawyer, a tax accountant or estate planner can help you set up your will to minimize taxes and probate fees on your estate.

To learn more about legacy giving contact Coby Benoit, Director of Development, cbenoit@emmanuelhome.ab.ca or call 780.822.1271.



**Support residents at Emmanuel Home! Make a donation at <http://emmanuelhome.ab.ca/invest/charitable.html>
Join our Monthly Donors. Sign up online or call 780.882.1271 to set up your pre-authorization today!**

Employment Opportunities

Are you interested in working in a Christian environment with great staff? Then Emmanuel Home is the place for you. We particularly wish to receive applications from individuals in our supporting community. Please submit your resumes to:

Jane Beck, jbeck@emmanuelhome.ab.ca for kitchen and housekeeping positions, or,

Donna Callahan, dcallahan@emmanuelhome.ab.ca for Health Care Aide/Licensed Practical Nurse positions. For more information call 780-478-2051.

Help us go green!! Call 780.882.1271 or email cbenoit@emmanuelhome.ab.ca to update your subscription information or change your delivery preference to electronic mail.

Emmanuel Home is governed by the Christian Senior Citizens Homes Society of Northern Alberta
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